

Covenant Park Bible Camp 2021 COVID Guidelines

As of April 12, 2021

Statement of Intent: It is the sincerely held belief of the leadership of Covenant Park Bible Camp that the camp experience provides valuable opportunities for spiritual growth and creating and strengthening friendships. Safety is a high priority for Covenant Park. Therefore, we will seek to create a camp experience that values safety and encourages the physical, social, mental, emotional and spiritual well-being of each person. It is our goal as the camp leadership to provide a camp experience as normal or as close to normal as possible during the 2021 season.

We hope that the information below will help you feel more comfortable about what you can expect during the time at camp for you or your camper. We believe that camp is a safe environment that promotes healthy living in general. Sunshine and vitamin D, fresh outdoor air, lots of physical activity, laughter, friendships and Jesus have all been shown to benefit the physical, mental, emotional, social and spiritual health of kids and adults alike! In addition, Covenant Park also provides healthy meal options and operates with a high standard of cleanliness. All of our youth camps will have a medical professional onsite. Due to COVID-19 concerns, we are currently planning for reasonable precautions based on the recommendations of health professionals and time-tested research.

Given that guidelines are subject to change, CPBC's plans are subject to change with new information. Any major changes will take effect prior to the start of a camp or event, no changes will be made mid-event/camp. These changes will be noted in an email to upcoming groups and campers, and will be available on our website- covenantpark.org. The Camp Director will be the primary person to oversee, update, and field questions regarding this plan. The camp nurse will be a secondary resource and will respond according to the approved guidelines of CPBC. Board members are familiar with current COVID precautions and practices as outlined in this document. Staff and volunteers will be trained to implement sections related to their role. Questions can be directed to Kaela Stano, Camp Director (kaela@covenantpark.org).

A. Prior to Camp:

Healthy camp starts at home: As it always has been, the health and safety of our campers, guests, staff and volunteers is a high priority. We ask you to help us allow everyone to have a great camp experience by monitoring the following in the 14 days leading up to your time at Covenant Park. If any of the following are true, please stay home, and make plans for a future camp experience for the benefit and success of all the camps, groups and events at CPBC.

Stay home if:

- You have had 1 or more of the following symptoms in the last 10 days: Fever of 100 degrees or higher, new or worsening cough, shortness of breath or difficulty breathing, loss of taste or smell, vomiting or diarrhea.
- You have had 2 or more of the following symptoms in the last 10 days that cannot be attributed to another medical reason: nausea, sore throat, chills, muscle pain, extreme

fatigue/feeling very tired, new severe/very bad headache, new nasal congestion/stuffy or runny nose.

- You are waiting on results of a COVID test.
- You have had contact in the last 14 days with someone who has tested positive for COVID.

Pick Up and Drop Off for Youth Camps:

We ask that parents comply with the same health standards (listed above) as campers and guests prior to dropping off/picking up their child. Please wear a mask indoors. At this time, we plan to have end of week highlights posted virtually. There will be no rally for parents to attend.

B. During Your Time at Covenant Park:

1. Distancing:

Covenant Park recommends giving adequate space between households/cabin groups to the extent possible (at least 6ft). Covenant Park recognizes the importance of relationships, communication, and being together as core pieces of ministry in the body of Christ. Therefore, our programs will continue to seek to do these well, while being mindful of safety precautions.

2. Hand Washing:

Places to wash your hands are available in the Dining Hall, Office, Lakeside Lodge, Bathrooms, North House, and Nurse's Office. Hand sanitizer will also be available in each building and common activity areas. We encourage hand washing often, especially prior to eating. Youth Camps will include hand washing time prior to each meal.

3. Health Screening:

Youth Camps and CPBC hosted overnight and other indoor events: 7 days before the start of your camp/event you will receive an email reminder to monitor yourself according to the health screening above. Upon arrival you will be asked to confirm that none of the above have been true in a brief health questionnaire. Anyone that answers yes to any of the questions will be asked to return home. Our staff and nurse will be ready to help with anyone that ends up not feeling well during their time at camp.

Guest Groups: Recommended health screening will be provided to the group leader prior to arrival at Covenant Park. Guest Groups will be responsible for their own health screening procedures as deemed applicable by the group leader. Group Leader will agree to communicate the health screening requirements to the group participants.

CPBC outdoor only events: Self health screening criteria will be clearly posted at entrance of the event.

Staff and Volunteers: Will be screened at the start of each event or camp week using the same criteria as campers and guests.

4. Face Coverings

Youth Camps: Much of our programming will be outside or within cabin groups (your household for the week), so the times that masks will be needed should be minimal. You may have a situation where your camper is exempt as stated below. We have given you a space on your registration form to designate that your child is exempt, so that our staff can abide by those wishes. In accordance with HIPPA, you are not required to provide any additional information, but we invite you to share as much of that health information as you feel is needed for us to keep your camper safe and healthy. Some of our staff and volunteers may also have exemptions that make them unable to wear a mask.

Unless changes are made to the state mask guidelines, there are some indoor spaces around camp that require a mask, according to the state wide mask mandate. Please bring your own masks. There will be masks available in the camp office and Nurses's office for those that need. There are a number of exemptions as listed below:

- Children under age 2 years must not wear face coverings. Children between the ages of 2 and 5 years old are not required to wear face coverings, but are encouraged to wear a face covering when in public if they can do so reliably in compliance with CDC guidance.
- People who have medical or other health conditions, disabilities or mental health, developmental, or behavioral needs that make it difficult to tolerate wearing a face covering.
- Any person who has trouble breathing, is unconscious, sleeping, incapacitated, or is otherwise unable to remove the face covering without assistance.
- People at their workplace when wearing a face covering would create a safety hazard to the person or others as determined by local, state, or federal regulators or workplace safety guidelines.
- Certain activities also provide opportunities where face coverings may be removed even in these locations: eating or drinking, activities where wearing a face mask is unsafe or hinders communication such as with those who are hearing impaired or have another condition that makes communicating with a mask difficult, public speaking, water activities, sleeping or going to sleep, or when alone.

5. Housing:

For Youth Camps and Retreats: As long as capacity restrictions are in place, Covenant Park will assign housing that allows for adequate distancing between bunks. This may mean that some housing units have less than 100% capacity or specific bunk availability. (No more than 15 per indoor space, faces 6ft apart as of 4/12/21). Participants coming from the same household may be housed with no distancing requirements.

For Guest Groups: Guest groups will continue to be able to assign their own housing. Covenant Park recommends 1 household per cabin/room/RV or tent site. If the event brings together

people of multiple households, current housing capacity recommendations will be provided to the group leader (sleeping 6ft apart, no more than 15 per indoor group).

6. Other Capacity Limitations:

Total camp capacity for groups is currently limited to 250 people. We recommend groups of 50 people or less when congregating in any outdoor area. We recommend providing adequate distance between household groups to the extent possible in all spaces and activities.

Indoor eating spaces will be set up to accommodate for distancing between tables, and current capacity limitations (75% as of 3/15/21). Youth Camps: Many meals will be outside. Generally, campers will eat with their cabin either at an outdoor picnic table or indoors where tables will be spaced out. There may be times for certain age groups where campers can choose to sit with people outside of their cabin group, in this case tables will be set up for a limited number at each table (Max 6 as of 3/15/21). Groups are recommended to follow these same guidelines.

Indoor gathering spaces will be set up to accommodate distancing between households/cabin groups, and current capacity limitations (Worship Services: distancing between groups, no capacity limits; General Meeting or activities: 50% as of 3/15/21). Worship spaces will be set up with 6ft between cabin or household groups or a max of 6 people from non-household/cabin groups. Youth Camps: Many chapels and activities will be outside.

7. Activities:

Guest Groups, Family and Adult Events: Generally, all normally offered activities will be available to guest groups. We ask that groups be conscientious about varying comfort levels to share activity spaces. Camp recommends social distancing between households in all common areas indoor and outdoor and honoring recommended capacities. Sanitary wipes and hand sanitizer will be provided in common activity spaces.

Youth Camps: Many activities will be done in cabin groups or pods (a smaller group of 2-3 cabins together). Older age groups may have options to participate in activities of their choosing with campers outside of their cabin groups. Attention will be given to group size in these situations (max 15 as of 3/15/21). Occasionally, there will be activities involving all campers, consideration for safety precautions related to minimizing close interactions between cabin groups and pods will be in place for these events.

8. Cleaning:

Cabin Cleaning will be done daily for youth camps and prior to each guest group/retreat.

Office and bathrooms will be cleaned at least daily when in use.

Dining Hall will be cleaned at least daily when in use by CPBC kitchen staff and prior to each guest group kitchen rental. Kitchen will follow normal cleaning procedures throughout use.

Nurse's Offices will be fully disinfected daily and at the end of each youth camp, in addition to as needed basis.

Disinfecting wipes and hand sanitizer will be available at all commonly used activity areas.

If there is a suspected exposure, additional cleaning intervals may be added to areas above if ill person(s) are suspected to have used an area following the last cleaning.

Each area above should reference the posted cleaning instructions, and give careful attention to disinfect high touch surfaces-door handles, drinking stations, sinks, handles ect. Cleanings will be recorded by those performing the cleaning.

9. Sickness and Exposure:

In the event a person develops 1 or more of the following symptoms: Fever of 100 degrees or higher, new or worsening cough, shortness of breath or difficulty breathing, loss of taste or smell, vomiting or diarrhea OR 2 or more of the following symptoms (or symptoms in combination with the symptoms listed above) that cannot be attributed to another known medical reason: sore throat, nausea, chills, muscle pain, extreme fatigue/feeling very tired, new severe/very bad headache, new nasal congestion/stuffy or runny nose, the person will be sent home. Guest groups will be asked to notify their camp host if a person develops symptoms while at camp. For youth campers the parent will be called to pick up their camper. If staff are not able to go home, isolated living accommodations may be provided at camp. CPBC will request that if the participant chooses to get tested, they notify camp of the results. In the event a person is sent home for sickness, those sharing the same housing unit (or parents in the case of youth campers) and any other direct contacts will be notified of a possible exposure at the end of the camp week. All campers in the camp will also be notified of confirmed COVID cases by a positive test result.

If a staff member or volunteer develops symptoms, they may return to work when they have received a negative COVID test or they have waited 10 days since the first noticeable symptoms and their symptoms have improved, including being free of fever for at least 24 hours without medication. Approval from the Camp Director to return to work must be given.

CPBC leadership and guest group leaders will work together to mitigate and communicate potential exposure for guest groups.

In the event a stay at home order is reinstated, campers and guests will be sent home.

Exposure is defined as within 6ft for more than 15 minutes in a 24 hour period.

Please see camp office for most up to date information on access to testing as needed.

*Identity of an ill individual(s) and personal information will not be shared related to exposure notifications.

Communication of Above Information:

Guest group leaders will be sent information applicable to their group, prior to arrival.

Parents will be notified of information applicable to youth camps through email 7 days prior to the start of their child's camp week.

Appropriate signage, such as locations where masks are required, proper hand washing and social distancing reminders, will be placed around camp.

Information will be posted at covenantpark.org and covenantpark.org/summercamp. Any information applicable to specific events will be included in information provided to participants prior to the event and/or at covenantpark.org/events.

RESOURCES:

The WHO (World Health Organization) does not recommend wearing a **mask** during **exercise** because it can make breathing more difficult. Additionally, sweat can make the **mask** wet, which **impacts** breathing and promotes the growth of microorganisms.

When county level data declines to a level that indicates full in-person learning for all students (equivalent range is 0 to less than 10 cases as a 14-day case rate per 10,000 people), schools will not be required to meet any specific minimum amount of physical distance between students in the classroom setting. However, schools must continue to create and encourage as much distancing as feasible between students during the day.

<https://www.health.state.mn.us/diseases/coronavirus/schools/k12planguide.pdf>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7680614/?fbclid=IwAR048F04NX700tvEWxtodzrdcuu7sS-EdH3eTxBgaYyTzNi6jqcaLpbUsS0>

<https://www.health.state.mn.us/diseases/coronavirus/schools/overnightcamp.pdf>

<https://www.health.state.mn.us/diseases/coronavirus/schools/socialdistance.pdf>

<https://www.health.state.mn.us/diseases/coronavirus/facecover.html>

https://staysafe.mn.gov/assets/campgrounds-guidance_tcm1152-435378.pdf

<https://files.dnr.state.mn.us/aboutdnr/covid19/outdoor-rec-guidelines.pdf?2020.11.18-18.30>

<https://www.health.state.mn.us/diseases/coronavirus/safedining.pdf>

<https://www.health.state.mn.us/diseases/coronavirus/safefair.pdf>

